



INSTITUTE OF SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

ADMISSION 2021-2022



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Psychology

Psychology is a vital field now because of the increasing focus on mental health and well-being. Psychology, as a discipline, studies human behavior and mental processes from diverse perspectives. It employs scientific methods to understand human perception, learning, emotions and reactions to situations.

Psychology is an interdisciplinary field since it shares its boundaries with several other disciplines like social sciences, life sciences and artificial intelligence. Needless to say, the scope of psychology, as a career, are huge.

A psychologist has a future in diverse fields, including clinical psychology, industrial psychology and organization behavior, school psychology, forensic psychology, sports psychology, rehabilitation, cognitive neuroscience and many more. Moreover, teaching and research in all these assorted fields assure a promising future for the students of psychology.



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UG program : B.A. (Hons) Psychology

Program outline :

B.A. (Hons) Psychology aims at developing an understanding of the growing discipline of psychology and promoting skill based education. An important goal is to facilitate self-discovery in the students and ensure their enthusiastic and effective participation in responding to the needs and challenges of society. The course intends to enable students in developing skills and competencies needed for meeting the challenges and needs of the real world effectively. Hence this syllabus is created keeping in mind the changing nature of the society, educational institutions and the workplace and inculcate the required competencies in the students to understand and respond to the same efficiently and effectively

Program details :

- **Duration :** 3 years (6 semesters)
- **Total seats :** 30
- **Total credits :** 142
- **Medium :** english
- **Eligibility :** 10+2 from any recognised board or college

Key features :

- Locf curriculum designed by UGC
- Choice based credit system
- Theoretical knowledge with practical immersions
- Highly qualified and digitally proficient faculty
- Research oriented teaching & exposure
- Internship for practical exposure
- World-class infrastructure and learning facilities
- Well-equipped laboratory
- Well-equipped computer lab and library with global access
- Well established counselling cell for students
- Educational culture and hygienic environment
- Disciplined and learning oriented atmosphere
- Guest lectures of experts in respective fields
- Practice of research and data analysis

Framework of Program

| SEM | CODE | SUBJECT | L | T | P | C | TOTAL |
|-----|------|---------------------------------|---|---|---|---|-------|
| I | AECC | English-I (Communication skill) | 2 | 0 | 0 | 2 | 18 |
| | CC | Introduction to psychology i | 4 | 0 | 4 | 6 | |
| | CC | Developmental psychology i | 4 | 0 | 4 | 6 | |
| | GE | Youth psychology | 3 | 1 | 0 | 4 | |

| SEM | CODE | SUBJECT | L | T | P | C | TOTAL |
|-----|------|---------------------------------|---|---|---|---|-------|
| II | AECC | English-II (Presentation skill) | 2 | 0 | 0 | 2 | 20 |
| | CC | Introduction to psychology ii | 4 | 0 | 4 | 6 | |
| | CC | Developmental psychology ii | 4 | 0 | 4 | 6 | |
| | GE | Intergroup relation | 3 | 1 | 0 | 4 | |
| | GE | Gandhian thought | 2 | 0 | 0 | 2 | |

| SEM | CODE | SUBJECT | L | T | P | C | TOTAL |
|-----|------|-------------------------------|---|---|---|---|-------|
| III | CC | Introduction to biopsychology | 4 | 0 | 4 | 6 | 25 |
| | CC | Cognitive psychology | 4 | 0 | 4 | 6 | |
| | CC | Social psychology | 4 | 0 | 4 | 6 | |
| | AECC | Psychology of relationship | 4 | 0 | 0 | 4 | |
| | GE | Psychology and mental health | 2 | 1 | 0 | 3 | |

| SEM | CODE | SUBJECT | L | T | P | C | TOTAL |
|-----|------|--|---|---|---|---|-------|
| IV | CC | Clinical psychology i | 4 | 0 | 4 | 6 | 25 |
| | CC | Research methodology | 4 | 0 | 4 | 6 | |
| | CC | Psychological assessment | 4 | 0 | 4 | 6 | |
| | DSE | Introduction to Indian psychological thought | 4 | 0 | 0 | 4 | |
| | GE | Psychology at Work | 2 | 1 | 0 | 3 | |

| SEM | CODE | SUBJECT | L | T | P | C | TOTAL |
|-----|------|------------------------|---|---|---|---|-------|
| V | CC | Clinical psychology ii | 4 | 0 | 4 | 6 | 26 |
| | CC | Data analysis | 4 | 0 | 4 | 6 | |
| | DSE | Health psychology | 4 | 0 | 4 | 6 | |
| | DSE | Educational psychology | 4 | 0 | 2 | 5 | |
| | AEEC | Sport psychology | 2 | 0 | 2 | 3 | |

| SEM | CODE | SUBJECT | L | T | P | C | TOTAL |
|---------------|------|---------------------------|---|---|----|---|-------|
| VI | CC | Organizational psychology | 4 | 0 | 4 | 6 | 28 |
| | CC | Guidance & counseling | 4 | 0 | 4 | 6 | |
| | DSE | Positive psychology | 4 | 0 | 2 | 5 | |
| | DSE | Forensic psychology | 4 | 0 | 2 | 5 | |
| | | Project | 0 | 0 | 12 | 6 | |
| Total credits | | | | | | | 142 |

P.G. program: M.A. Psychology (Specialization in Clinical Psychology)

Program outline :

M.A. Psychology or master of arts in psychology is a postgraduate psychology course. Psychology includes a comprehensive and thorough study of psychology as a discipline at an advanced level.

The course curriculum for post-graduate students of psychology has been designed by the department of psychology at mgm university after carefully going through the university grants commission (ugc) guidelines for the M.A. Psychology program. The syllabi for all the course papers were updated with the latest topics in the field after evaluating the courses and the upcoming trends in psychology.

M.A. (Psychology) degree course covers the study of mental processes, motives, reactions, feelings, conflict resolution, crisis management, groupthink, motivation and nature of the mind. It covers subjects and topics like general psychology, social psychology, clinical psychology, counseling psychology, health psychology, industrial psychology, etc. In other words, M.A. (Psychology) degree course is a study involving the scientific study of mental functions and behavior.

Program outline :

- **Duration** : 2 Years (4 semesters)
- **Total Seats** : 20
- **Total Credits** : 80
- **Admission** : Will be through MGM Entrance Test to be held in July
- **Medium** : English & Marathi
- **Eligibility** : Any graduate from a recognized university with minimum 45% marks

Key features :

- Theoretical knowledge with practical immersions
- High quality and experienced faculty
- Research oriented teaching & exposure
- World-class infrastructure and learning facilities
- Well-equipped laboratory.
- Well established counselling cell for students
- Educational culture and hygienic environment
- Disciplined and learning oriented atmosphere
- Guest lectures of experts in respective fields
- Practice of research and data analysis
- Well-equipped computer lab and library with global access

Learning Outcome :

- Students will achieve foundational and applied knowledge and skills in research methodology and statistical analysis
- Students will develop foundational knowledge of research and theory related to clinical psychology
- Students will develop competence in formulating and conducting independent research and communicating results (in oral and written form)
- Students will develop the skills needed to conduct a range of psychological assessments
- Students will develop skills in differential diagnosis, case formulation, treatment planning and therapeutic skills
- Students will be knowledgeable about the ethical guidelines and standards related to the practice of psychology as per the guidelines. They will also know how to apply these standards in their professional practice
- Students will be able to analyse and critically evaluate ethical dilemmas and identify appropriate means for resolution
- Students will be responsive to issues of diversity in their academic, research, and professional practice

Hence this syllabus is created keeping in mind the changing nature of the society, educational institutions and the workplace and inculcate the required skills in the students to understand and respond to the same efficiently and effectively.

Framework of Program

| SEM. | Sr. No | COURSES | NAME OF COURSES | L-T-P=C | EVALUATION | |
|------|--------|------------------------|---|---------|------------|----------|
| | | | | | EXTERNAL | INTERNAL |
| I | 1. | Core-1 | Cognitive Psychology | 4-0-0=4 | 60 | 40 |
| | 2. | Core-2 | Research Methodology & Statistics-I | 4-0-0=4 | 60 | 40 |
| | 3. | Core-3 | Introduction to Personality-I | 4-0-0=4 | 60 | 40 |
| | 4. | Core-4 | Social Psychology-I | 4-0-0=4 | 60 | 40 |
| | 5. | Experiments | Practicum | 0-0-8=4 | 60 | 40 |
| II | 6. | Core-4 | Physiological psychology | 4-0-0=4 | 60 | 40 |
| | 7. | Core-5 | Research Methodology & statistic-I | 4-0-0=4 | 60 | 40 |
| | 8. | Core-6 | Introduction to Personality-II | 4-0-0=4 | 60 | 40 |
| | 9. | Core-7 | Social Psychology-II | 4-0-0=4 | 60 | 40 |
| | 10. | Testing | Practicum | 0-0-8=4 | 60 | 40 |
| III | 11. | Core-7 | Abnormal Psychology-I | 4-0-0=4 | 60 | 40 |
| | 12. | DSE | Health Psychology | 4-0-0=4 | 60 | 40 |
| | 13. | Open elective (Anyone) | Counselling Psychology | 4-0-0=4 | 60 | 40 |
| | 14. | | Rehabilitation psychology | | | |
| | 15. | Core-8 | Psychological Testing | 4-0-0=4 | 60 | 40 |
| | 16. | Internship | Practicum | 0-0-4=2 | 30 | 20 |
| IV | 17. | Core-9 | Abnormal Psychology-II | 4-0-0=4 | 60 | 40 |
| | 18. | Core-10 | Psycho-diagnosis | 4-0-0=4 | 60 | 40 |
| | 19. | Open elective (Anyone) | Positive Psychology | 4-0-0=4 | 60 | 40 |
| | 20. | | Community mental health | | | |
| | 21. | DSE | Psychotherapy & Intervention Strategies | 4-0-0=4 | 60 | 40 |
| | 22. | Project | Practicum | 0-0-8=4 | 60 | 40 |

Diploma program : P.G. Diploma in Guidance & Counselling

Program outline :

Diploma in guidance and counseling aims to counsel and guide the young generation for defining their career path ahead. The course intends to enable students in developing skills and competencies needed for meeting the challenges and needs of the real world effectively. Different kinds of problems are prevailing in the society and these have also percolated down to children. The answer to such problems lies in the fields of counseling psychology which is not only an important branch of psychology but also deal with the application of psychological principles as well as therapeutic techniques in combination.

Program details:

- **Duration** : 1 Years (2 semesters)
- **Total Seats** : 20
- **Total Credits** : 34
- **Medium** : English
- **Eligibility** : Any graduate from a recognized university with minimum 45% marks

Key features:

- A specialized training program in psychology with international standards
- Ability and skill enhancement course
- Theoretical knowledge with practical immersions
- High quality and experienced faculties
- Well-equipped laboratory
- Well established counselling cell for students
- Educational culture and hygienic environment
- Disciplined and learning oriented atmosphere
- Guest lectures of experts in respective fields

Framework of Program

| SEM. | Sr. No. | COURSES | L-T-P-C | EVALUATION | |
|------|---------|--|----------|------------|----------|
| | | | | External | Internal |
| I | 1. | Basic Psychology | 4-0-0=4 | 60 | 40 |
| | 2. | Introduction to guidance & counseling | 4-0-0=4 | 60 | 40 |
| | 3. | Development of Individual Across the lifespan | 4-0-0=4 | 60 | 40 |
| | 4. | Practical (Casestudies, visits to special schools, old age home) | 0-0-10=5 | 60 | 40 |
| II | 5. | Important areas of counseling | 4-0-0=4 | 60 | 40 |
| | 6. | Therapeutic approaches to counseling | 4-0-0=4 | 60 | 40 |
| | 7. | Psychological assessment | 4-0-0=4 | 60 | 40 |
| | 8. | Practical (psychological testing on subject & workshop on career guidance school students) | 0-0-10=5 | 60 | 40 |



APPLY NOW

WEBSITE

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